

Minutes of the meeting of the Council of Representatives of the International Society of Hypnosis 2021(Held on Zoom 4pm Central European Time 10 June 2021)

Present:

<i>Abbreviation of the CS</i>	<i>Country</i>	<i>Name</i>	<i>Rep 1 Name</i>	<i>Proxy</i>	<i>Rep 2 Name</i>
ASCH	America	American Society of Clinical Hypnosis	Anita Jung		Linda Thomson
SCEH	America	Society of Clinical and Experimental Hypnosis	Donald Moss, PhD		Eric Willmarth, PhD
AICHP	Australia	Australian Institute of Clinical Hypnosis and Psychotherapy	Callie Hattingh		
SASH	Australia	The South Australian Society of Hypnosis Incorporated	Dr. Allan Cyna		Brian Allen
OEGATAP	Austria	Austrian Society for Applied Depth Psychology and General Psychotherapy	Matthias Mende		
VHYP	Belgium	Flemish Society of Scientific Hypnosis	Nicole Ruyschaert		
SQH	Canada	Société Québécoise d'Hypnose	Francoise Spatz		
CAH	China	Chinese Erickson Institute	Xin Fang		Gao Jun
DSCH/DSKH	Denmark	Danish Society of Clinical Hypnosis	Per Nilsson		
BSCAH	England	British Society of Clinical and Academic Hypnosis	Jane Boissiere		
CFHTB	France	Confédération Francophone d'Hypnose et de Thérapies	Claude Viot		Gerard Fitoussi
DGZH	Germany	German Society of Dental Hypnosis	Dr. Thomas Wolf		Dr. Jan Rienhoff
MEG	Germany	Milton Erickson Society for Clinical Hypnosis	Bernhard Trenkle		Stelle Nkenke
MHE / HAH	Hungary	Hungarian Association of Hypnosis	Katalin Varga		Eva Banyai
ISSCH	Iran	Iranian Scientific Society of Clinical Hypnosis	Enayatollah Shahidi	Proxy	Ali Sharifi
SII	Italy	Italian Society of Hypnosis	Camillo Loredio		Giuseppe De Benedittis
JIH	Japan	Japan Institute of Hypnosis	Naoki Watanabe		
JSCH	Japan	Japanese Society of Clinical Hypnosis	Miyuki Mizuyutani		
CEM	Mexico	Ericksonian Centre of Mexico	Tere Robles		Cecilia Fabre
NvvH	Netherland	Dutch Society of Hypnosis	Joost Mertens		Els Nelissen
P.I.E.	Poland	Polski Instytut Ericksonowski	Krystof Klajs	Proxy	Monica Mirek-Klajs
MEISA	South Africa	Milton Erickson Society of South Africa	Dr. Woltemade Hartman		Elzette Fritz
SSCH	Sweden	Swedish Society for Clinical Hypnosis	Magnus Wentzel		Michael Rundblad
7SMHS	Switzerland	Swiss Medical Society of Hypnosis	Mike Schekter		Richard Rordorf

Present in his capacity as incoming President of ISH -Mark Jensen

Report by Bernhard Trenkle. President of the International Society of Hypnosis

Bernhard commented on the uniqueness of the meeting as this was the first time that the COR meeting had been held virtually.

He thanked the board for the work that they had done during a difficult period in time and noted that it had been a truly International board with representatives from all the continents. For the past 20 years the board had made a practice every year of meeting at least once face-to-face, this had not been possible this year because of Covid restrictions and so all meetings had been held virtually .

During the year a virtual office had been set up where the whole board had access to data which enabled the administrative work to be done from any location.

In addition, a European bank account had been established which greatly reduced the administrative workload.

A Who ISH Who webpage had been established which facilitated the bringing together of a network of the leading experts in both therapy and research.

During the pandemic, scripts, stories and resources were collected and published on the website with a view to providing resources which could help people cope with the pressures of Covid.

Bernhard expressed his thanks to a number of people:

- Woltemade Hartman the President of the COR for the great questionnaire that he sent to all the societies and the information that was gleaned.
- Cecilia Fabre for initiating an enquiry into training standards which was of special interest to societies in the Asian region., an incredibly complex process because we have such a diverse situation internationally. In addition, he also thanked her for the work she had done in securing affordable professional help in the use of social media such as Instagram and Facebook as well as setting up an ISH blog all of which will greatly enhance our efforts to recruit younger people into the field of hypnosis
- Katalin Varga for the wonderful newsletter which was published 4 times a year.. In addition she also brought the young and next-generation together by organising a special Congress in Budapest .
- Xin Fang. from Beijing University as the mastermind of the amazing development of hypnosis in China, which now has the most individual members in our society. It was unfortunate that the Covid pandemic put an end to plans for the 2nd Asian Congress which was proposed to be held in China.
- Nicole Ruyschaert, the former European Society President, was not elected to the board but was invited onto the board and attended every board meeting. She contributed a lot with her knowledge of the European hypnosis scene and was very active in the newsletter process.
- Giuseppe De Benedittis has done some very important work in connection with our proposal to the World Health Organisation (WHO) to have hypnosis accepted as a treatment modality under the WHO guidelines. He has also established a close working relationship with Professor Salomene of Milan who has recently moved into a very important position with the World Health Organisation
- Chris Kleist's focus on organising the new Congress and coping with the stress of having to shift the Congress dates. to next year,
- Brian Allen was supporting our secretary-treasurer with this position of Secretary of the COR and what is especially amazing is that Brian, in all the board meetings ,despite that he has the longest travel and the highest cost, he always was live in the board meetings, no matter where, whether it was Canada, South Africa ,Asia or Europe he was always there. Thank you for all your motivation
- Claude Virot for all the wonderful work that you have done in establishing new constituent societies, organising the largest hypnosis Congress in history, his great idea of the youth committee and I hope you are staying in contact and support us in the future.

Dr. Woltemade Hartman moved a vote of thanks to Bernhard Trenkle for the great work that he had done during his term as President of ISH.

Financial Report Presented by the Secretary-Treasurer of ISH Enayatollah Shahidi

Enayat said that it had been a great experience to work with the members of the board with their diverse talents.

He indicated that as the Treasurer one of his main concerns was to keep our financial resources stable and whilst the pandemic had made things difficult, with the help of Bernhard and the board this had basically been achieved. We now have more than \$118,000 US in our bank accounts which is slightly less than 3 years ago that

this was normal in the lead up to the next Congress which was to be held in Kraków. Whilst this year Congress has had to be deferred due to the pandemic it was hoped that the situation would return to normal next year

Enayat highlighted the following:

- ISH had a total of \$118,240 US in 3 bank accounts.
- ISH currently has 261 paid-up members of which 136 are in category A countries and 125 in category B
- ISH currently has 32 active Constituent Societies made up of 28 category A countries and 4 category B countries.

These figures were in line with budget projections.

Krystof Klajs joined the meeting at this point

Dr. Woltemade Hartman moved a vote of thanks to Enayat for the presentation and for the work that he has done on the finances of ISH

Dr. Woltemade Hartman introduced the incoming ISH President Mark Jensen from the United States .

Report by the Incoming President of ISH – Mark Jensen

Mark said it was heart-warming to see everybody's faces.

Mark endorsed what Enayat and Bernhard had said previously about the warm feelings and friendships that existed amongst members of the present board and the strong work ethic of the board. He outlined some of his hopes for the future:

- That the meeting would elect a new board which would continue in the great tradition of hard work and building Bridges with each other
- the value of diversity and his wish that the board should represent the diversity of our members with respect to experienced and new members, geographical diversity, gender diversity= particularly in the office of President and diversity of the various disciplines

Mark commented on the fact that we do not yet have a bid for the 2024 world Congress and that he wanted to plant the seed that we might perhaps look at a Congress in a different part of the world.

In closing Mark thanked the outgoing board for the work that they had done over the preceding period and that he looked forward to working closely with the new board.

Woltemade Hartman moved a vote of thanks to Mark Jensen

Council of Representatives Presidents report – Woltemade Hartman

Woltemade reported that we have 31 active constituent societies plus some inactive societies that we would like to motivate to become active once again.

He also outlined the fact that we have 261 active individual members but there were quite a few people who had not yet renewed their individual membership

He urged all members of the COR to encourage the membership of their own societies to join ISH as individual members.

Woltemade acknowledge the valuable work being done by Giuseppe De Benedittis to obtain recognition from the World Health Organisation and stressed that having a larger active membership would support this work. He also wanted to encourage an increase in the number of student members.

Woltemade went on to thank his colleagues on the COR for the roles that they had played in the collective achievements of the last 3 years. One valuable aspect of this was the questionnaire which went out to all members which will provide information that could guide us in the years ahead. He foreshadowed a further questionnaire being sent out to update our current information.

Woltemade expressed a desire to encourage members of the COR to be more active and flagged the possibility of having at least 1 or 2 meetings per annum to facilitate this.

One other very important project of the COR was the collection of information regarding standards of training in clinical hypnosis across the world. He outlined the complexity and difficulty of this because of the diversity of training standards and the different rules and regulations that existed in different countries. The ultimate aim, with respect to this, was that ISH could develop minimum standards or guidelines ‘

Woltemade then called on the Secretary of the COR. Brian Allen to deliver his report

Council of Representatives Secretary's Report – Brian Allen.

Brian thanked Woltemade and said what a great privilege it had been to work with such a wonderful group of people over the previous years. Despite the difficulties of the last 3 years there had been some wonderful initiatives come out of the activities of the COR, not the least of which was the guidelines that were being prepared regarding training standards. This is an extremely difficult area but a very important one.

Brian also acknowledged, that despite the fact some members of the board had suffered severe health issues during the previous 3 years they had still managed to do an incredible job in their respective positions

Brian acknowledged the great work done by our president Bernhard Trenkle to build on the strong foundations laid by a succession of wonderful Presidents going back to Camillo Loredio, Julie Linden, and Claude Viro. He also outlined the valuable work that had been carried out by our Secretary-Treasurer Enayatollah Shahidi.

Another great initiative was the ISH response to the pandemic emergency where we were able to develop a lot of great resources that people could use. Seeing the success of this outreach sparked an idea in my mind about building Bridges of Hypnosis into disadvantaged parts of the world by training health care professionals in those areas. In the past cost had always been a barrier to this endeavour but with the advent of training on platforms such as Zoom there is a wonderful opportunity to extend these bridges of understanding to other parts of the world.

In closing Brian thanked his fellow board members for the friendship extended over the past years and wished everybody the best for the next 3 years.

Woltemade moved a vote of thanks to Brian for his contribution and his diligence over many years.

A break was called for 5 minutes before the meeting proceeded to the election process

Nominations for President of the Council of Representatives:

Woltemade Hartman was nominated by Brian Allen and accepted the nomination.

There being no further nominations Woltemade was declared elected.

Shady Tonn then validated the voting delegates and their email addresses and outlined the procedure for voting.

Nominations for the Vice-Chair of the Council of Representatives.

Callie Hattingh was nominated by Woltemade Hartman and accepted the nomination.

Brian Allen was nominated by Enayat Shahidi and accepted the nomination’

At this point Jane Boissiere representing the British Society of Clinical and Academic Hypnosis joined the meeting.

Woltemade Hartman gave the candidates 3 minutes each to speak to their nominations following which the vote was taken.

While voting was taking place both candidates indicated they were willing to accept the nomination for the position of Secretary of the COR were they unsuccessful in this current ballot

Callie Hattingh received 18 votes?

Brian Allen received 16 votes

Callie Hattingh was declared elected to the position of Vice President of the Council of Representatives

Nominations for Secretary of the Council of Representatives.

Brian Allen

Anita Jung nominated by Bernhard Trenkle and accepted the nomination.

Matthias Mendes was nominated by Teresa Robles but declined the nomination.

Gao Jun was nominated by Enayat Shahidi but declined the nomination.

Woltemade Hartman closed the nominations and asked Anita Jung to introduce herself following which the vote was taken.

Brian Allen received 19 votes.

Anita Jung received 15 votes

Brian Allen was declared as elected to the position of Secretary of the Council of Representatives.

Woltemade Hartman then called for nominations for the four vacant positions on the Board of the International Society of hypnosis

Anita Jung was nominated by Linda Thomson and accepted the nomination.

Cecilia Fabre was nominated by Brian Allen and accepted the nomination

Katalin Varga was nominated by Eva Banyai and accepted the nomination.

Giuseppe De Benedittis was nominated by Camillo Loredano and accepted the nomination,

Nicole Ruyschaert was nominated by Enayatollah Shahidi and accepted the nomination.

Gerard Fitoussi was nominated by Claude Virod and accepted the nomination.

Xin Fang was nominated by Bernhard Trenkle and accepted the nomination,

Stella Nkenke was nominated by Dr. Woltemade Hartman but declined the nomination

Naoki Watanabe was nominated by Cecilia Fabre but declined the nomination.

Miyuki Mizutani was nominated by Teresa Robles and accepted the nomination.

The candidates were then asked to introduce themselves, following which the vote was taken and the results declared.

Katalin Varga received 26 votes and was declared elected.

Cecilia Fabre received 24 votes and was declared elected.

Giuseppe De Benedittis received 23 votes and was declared elected.

Anita Jung received 21 votes and was declared elected.

Nicole Ruyschaert received 11 votes.

Gerard Fitoussi received 11 votes.

Miyuki Mizutani received 7 votes.

Kraków Congress June 8-11, 2022.

Krystof Klajs said that he was hopeful that we would all meet each other next year at the Congress. He indicated that at this point in time it was not clear whether it would be a face-to-face meeting or online.

Woltemade Hartman then asked for any expressions of interest in running the 2024 Congress.

Resolved that the minutes of the previous Council of Representatives meeting held at the International Congress in Montréal in 2018 be accepted as a correct record of that meeting.

Moved Brian Allen seconded Callie Hattingh.+

The motion was passed

Mark Jensen indicated that a gift is normally presented to the outgoing president but that it was hoped that this could be done in person next year.

Bernhard Trenkle moved a vote of thanks to Shady Tonn for the excellent organisation of the elections.

In closing the chairperson Woltemade Hartman thanked everybody for attending and declared the meeting closed

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