INTERNATIONAL SOCIETY OF HYPNOSIS

NEWSLETTER

VOLUME 8 NUMBER 2 DECEMBER 1985

FROM THE NEWSLETTER EDITOR

The main work of an ISH Congress is performed by the Congress Organizing Committee, which consists of an overall Chair, as well as Chairs or Co-chairs of Workshops, Scientific Program, Local Arrangements and Publicity, and Finance. It is this small group of people that is ultimately responsible for the success of a Congress. One has only to be involved peripherally with the Congress Committee (as I was at Toronto) to see the hours of at times backbreaking work that goes into ensuring that the Congress is the success that its organizers always seek.

From a distance, it may appear to be a comparatively easy job to ensure that all of the tasks that have to be performed are carried out during the three years that elapse between Congresses. The reality, however, is far different from the appearance.

The 11th International Congress of Hypnosis and Psychosomatic Medicine will take place at Leiden, the Netherlands, August 13-19, 1988. It is hosted by the ISH Constituent Society -- Nederlandse Vereniging voor Hypnotherapie. An Organizing Committee is currently taking shape; the 11th Congress Chair, Workshop Chair, and Scientific Program Chair attended the 10th Congress in Toronto, all the while actively working together on plans for the 11th Congress.

While it might appear that, at this early stage, there is little that a member of ISH can do to help the organizers in their daunting task, actually, there is one major way in which every member of ISH can assist. If it is even a possibility that you might attend the Leiden Congress, it would be very helpful to the Congress organizers if you would send in your registration now. (See the 11th Congress box on page 4 of this Newsletter.) The money that you will lose in interest is amply repaid by the reduced advance subscription fee. More importantly, there is the added satisfaction of knowing that your advance registration represents Congress "seed money" that is being put to work on behalf of developing clinical and experimental hypnosis professionally at an international level.

Campbell Perry

Campbell Perry
ISH Newsletter Editor

AN ISH PRESIDENT'S AU REVOIR

Our 10th International Congress in Toronto was an important achievement for the field. Seven hundred registrants and another 200 affiliates attended the many outstanding scientific events and lively social occasions. ISH is indebted to the Host Societies -- OSCH, ASCH, and SCEH -- for their support, and to the very active 10th Congress Organizing Committee without which the Congress could not have been the success it was.

The 1985 Directory has been mailed to all 1940 ISH members representing 40 countries. It is especially encouraging for the field that the ISH Constituent Societies listed in the Directory have grown to 23. The Directory includes the addresses of all of our worldwide members as well as telephone numbers, affiliations and interests of those who completed the Directory Information Form.

We now turn our attention to our 11th International Congress of Hypnosis and Psychosomatic Medicine which will be held in the Netherlands, sponsored by the University of Leiden in 1988. We look forward to the further development of plans already actively underway, and welcome another stimulating opportunity to exchange ideas with colleagues from all over the globe.

With the coming of the New Year, I hand over the leadership of ISH to the incoming President, David Collison, who assumes office on January 1, 1986. On behalf of the Officers of ISH, I wish to take this opportunity to express heartfelt thanks to the ISH Central Office and those ISH members who gave special support to ISH during my term of office. Since its inception in 1973, ISH has come to serve an important role throughout the world. Over the years hypnosis has had a history of intense interest followed by a waning of interest and serious work. Recognizing the significance of the task that they have undertaken, I wish the incoming President and Officers, Directors, and Representatives of ISH every success in the years to come.

Germain Lavoie

Germain F. Lavoie
ISH President

INTERNATIONAL SOCIETY OF HYPNOSIS

111 North 49th Street
Philadelphia, Pennsylvania 19139

OFFICERS

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Membership Controller: Stephen R. Fairbrother

MEMBERSHIP IN THE INTERNATIONAL SOCIETY OF HYPNOSIS

Membership in the International Society of Hypnosis is limited to psychologists, physicians, and dentists. Specific information on membership application procedures may be obtained by writing to:

INTERNATIONAL SOCIETY OF HYPNOSIS
Attn: Mrs. Mary Fleming Auxier, Administrative Coordinator
111 North 49th Street
Philadelphia, Pennsylvania 19139, USA

ISH NEWSLETTER

Previous ISH Newsletter Editor: M. Anthony Basker, MRCS, LRCP, *Westcliff-on-Sea, Essex, ENGLAND*, 1978-1983.

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IMPORTANT: The deadline for the April, 1986 issue of the Newsletter is February 8, 1986. News of Constituent Societies, and of members, is not only welcome but actively encouraged.

Professor Campbell W. Perry
ISH Newsletter Editor
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Concordia University
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Montréal, Québec H3G 1M8
CANADA

AUSTRALIA

Little has been heard from Australia recently, possibly because immediately following the ISH meeting at Toronto, the Australian Society of Hypnosis (ASH) held its Third Annual Congress at Christchurch, New Zealand. A period of rest and relaxation may have been needed for the many colleagues who attended both. As well as the scheduled program highlight of four half-day workshops presented by David Spiegel, MD, there was also an additional unscheduled one. Hypnosis was very much in the news as the result of the New Zealand Court of Appeals issuing a judgment on August 6. It stated that when a prosecution witness has been hypnotized for any purpose relevant to a trial or investigation, this fact must be disclosed to the defense. This is an important decision, given that in many English-speaking countries, the prosecution is not obliged to mention this very important detail.

Kevin M. McConkey, PhD, presented the Forensic Workshop at Christchurch, and agreed to a request from the New Zealand police to permit visitors to the workshop (which focuses on forensic issues but teaches no hypnotic technique). These included the Director of Investigative Services, the Director of Medical Services, the Director of Psychological Services, and the Senior Legal Advisor to the New Zealand police force. Some of these visitors were impressed by Dr. McConkey's articulation of the concerns that have been expressed in recent years by professional hypnosis societies. (These were set out earlier this year in the report of a special panel of the Council on Scientific Affairs to the American Medical Association [see USA News].) Currently, guidelines for police investigative use of hypnosis in New Zealand are being prepared.

In other Australian developments, the Federal Council of ASH continues to examine the complex issues of obtaining a property to serve as ASH headquarters, and a paid administrator to attend to the Society's affairs. The ASH Board of Education has implemented some highly enlightened policies. It has acquired some of the BBC series on hypnosis, and has also arranged that each Branch has one. Further, it has set in motion a policy whereby each Branch receives an annual allocation of $400 (Aust.) for the purchase of books, tapes, and audio-visual material which will be made available to all examination candidates. Bound complete sets of the Australian Journal of Clinical and Experimental Hypnosis are being sent to each branch.

Finally, a submission to the Australian Law Reform Commission on hypnosis and the law is currently being prepared by Professor Graham Burrows, Dr. Fiona K. Judd, and Mr. Justin St. J. Judd. With the onset of Christmas, it is clear that much thoughtful work has been accomplished during the previous year.

CANADA

Following the outstanding success of the ISH Congress in August, the thoughts of Canadian colleagues are turning to the First National Assembly of the proposed Federation of Canadian Societies of Clinical Hypnosis. It is to be held at the University of British Columbia, Vancouver, August 2-7, 1986. Details and a Call for Papers were printed in the last issue of this Newsletter. A special welcome is extended to colleagues from outside of Canada to participate in this novel endeavor. The cost of full registration for members of approved societies is $250 Cdn. if received before January 1, 1986, $275 Cdn. if received before May 1, and $300 Cdn. after this date. This registration fee covers admission to all workshops, seminars, plenary sessions, and the welcome reception.

So far, Drs. Barry Wyke, Karl Pribram, and Robert Adler have accepted invitations to be keynote speakers. Colleagues from throughout the world are reminded that the deadline for the Call for Papers is January 31, 1986, and submissions should be sent to Dr. Neill Malcolm, Scientific Program Chairman, P.O. Box 400, Leduc, AB T9E 2Y2, CANADA.

INDIA

Dr. Hrishikesh Jana has been elected a Fellow of the National Academy of Medical Science (India) in recognition of his contribution to the advancement of medical science. Special congratulations are in order; among his many activities, Dr. Jana always finds time to send the Newsletter a resume of developments in his country.

Dr. Jana presented research papers on hypnosis to the annual conferences of the Indian Psychiatric Society at Abu, the Association of Physiologists and Pharmacologists at Goa, and the Indian Science Congress at Lucknow. In addition, he delivered lectures on the clinical use of hypnosis to the Rajkot Branch of the Indian Medical Association, and the Jamnagar branch of the Indian Dental Association.

India (cont.)

Dr. S. Ramaswamy has retired from his position of Professor of Anatomy, and is devoting himself to spreading medical hypnosis throughout Southern India. Dr. B.M. Palan of Baroda Medical College has developed a small group of interested colleagues from the College's hospital which is focusing on clinical research in hypnosis. Dr. Sridhar Sharma, a major advocate of hypnosis in India, has been elected President of the Indian Psychiatric Society.

Overall, there have been some major developments in hypnosis in India in recent years, to the extent that doctoral theses are beginning to be submitted to several of the major Indian universities.

THE NETHERLANDS

Coincident with our Netherlands colleagues' first steps toward building an organizational structure for the 11th ISH Congress in 1988 comes the news that interest in hypnosis and membership of Nederlandse Vereniging voor Hypnotherapie (NVH) is increasing. Every month approximately 10-20 doctors, dentists, psychiatrists, and psychologists apply for membership, and for the extensive training the Society offers (see Newsletter, August 1984). Earlier this year, the Society held its Annual Meeting and Scientific Day. Topics discussed included research on hypnotherapy for nausea and vomiting among cancer patients receiving chemotherapy, self-hypnosis in agoraphobia, pain control in low back pain, self-hypnosis in the treatment of tension headache, and the role of hypnotizability in obsessive-compulsive disorders.

The registration fees for the Leiden 11th Congress have not yet been determined, but colleagues registering now can be assured of a reduction of 20-30%. For further information, please write to:

11th Congress Secretariat
P.O. Box 16065
2301 GB Leiden
Netherlands

11th Congress Advance Registration

Name_____ Degrees_____
Address_____
Country_____ Postal Code_____

☐ I would like to register for the 11th Congress, August 13-19, 1988, University of Leiden, Netherlands

☐ Please send me further 11th Congress registration and accommodations information

SWEDEN

The Journal of the Swedish Society for Clinical and Experimental Hypnosis (SSCEH), Hypnos (formerly Svensk Tidskrift för Hypnosis) has changed its format for 1985. It is handsomely produced on glossy paper, and each issue features a reproduction on the cover of a painting done by a patient in symbol drama therapy with Dr. S. Littorin. The papers are of good quality, mostly in English, and from colleagues around the world. Each issue is centered around at least one theme; for instance, Number 1 focused on Mesmer's Bicentenary and Schulz's centenary; Number 2 centered on treatment of various disorders in children; and Number 3 featured Hypnosis in Great Britain. A subscription costs 150 SEK per year and further information can be obtained from the Editor (Kjell Waara, SSCEH Central Office, Box 269, S-611 26 Nyköping, SWEDEN).

UNITED KINGDOM

During April, Professor Gosaku Naruse of Kyushu, Japan made an extended visit to Britain. He came, specifically, as a keynote speaker for the International Imagery Conference at Swansea. Subsequently, he presented papers to the BSECH Conference in London, and to the hypnosis symposium of the British Psychological Society. Professor Naruse's visit suggested to several British colleagues the need to form links between ISH and the International Imagery Association.

The Fourth European Congress of Hypnosis in Psychotherapy and Psychosomatic Medicine is to be held at St. Catherine's College, Oxford University, from July 11-17, 1987. The Newsletter will furnish more details in the next issue. Meanwhile, colleagues interested in presenting papers should contact Dr. David Waxman, President of ESHPPM, (17 Upper Wimpole Street, London W1M 7TB, England) for further details.

The BSECH will hold its third Annual Conference on the weekend of April 12-13 at St. Edmund College, Oxford. The Conference program is designed to be wide-ranging in subject matter, and seeks to appeal to both newcomers and experienced colleagues in the field. The registration fee for ISH and Constituent Society members is £10 (non-residential) and £15 (residential, with bed and breakfast accomodation on Saturday night). In addition, there is a discount of £5 for registered program speakers. Papers from 15-30 minute durations are welcomed on all topics concerning hypnosis and related phenomena; further information can be obtained from Dr. Michael Heap (Hon. Sec., BSECH, St. Augustine's Hospital, Canterbury, Kent CT4 7LL, Tel.0227-738382).

The British Journal of Experimental and Clinical Hypnosis (formerly the Bulletin) of the British Society for Experimental and Clinical Hypnosis (BSECH) is entering its third year as a triennial publication. Volume 3, as with previous volumes of the Journal, will contain clinical, experimental, theoretical, and review papers which treat topics such as hypnosis and memory, biofeedback, the police use of hypnosis, Ericksonian therapy with children, hypnotic analgesia, attitudes towards hypnosis, the enhancement of hypnotic susceptibility, behavior therapy, and the treatment of disorders such as night terrors and conversion hysteria. The subscription rate is £15 within the U.K. and £20 elsewhere. Checks and money orders in pounds sterling should be made payable to BSECH and sent to the BJECH Editor, Dr. Brian J. Fellows.

The National Advanced Course of BSMDH held May, 1985 attracted over 200 colleagues -- a U.K. record for such a meeting. The guest speakers, Dr. Herbert Spiegel and Dr. Patrick Browne, were warmly received. Two advanced courses of the BSMDH are planned for Cheltenham (May 17-18, 1986) and Cambridge (September 20-21, 1986). Details can be obtained from Mrs. M. Samuels (42 Links Rd., Ashtead, Surrey KT21 2HJ).

A third advanced course, organized by Dr. David Scott, is planned for the Excelsior Hotel, Manchester Airport on the weekend of November 8-9, 1986. This four-star hotel has excellent conference facilities and special room rates; it is hoped that this arrangement will attract colleagues from throughout Europe. Dr. Marlene Hunter of Canada has been invited to be guest speaker. Information can be obtained from Mrs. Carol Hitchmough (Sec., Lancashire and Cheshire Branch of BSMDH, Postgraduate Ctr., Wigan Royal Infirmary, Wigan, Lancs. WN1 2NN).

Finally, the Newsletter wishes to convey condolences to H.B. ("Tony") Gibson, whose wife died during August.

UNITED STATES

Last year, the American Medical Association's Council on Scientific Affairs convened a special Panel to evaluate the scientific evidence concerning the effect of hypnosis on memory. A number of ISH members were involved. The panel was chaired by Martin T. Orne, MD, PhD; four of the seven panel members were Melvin A. Gravitz, PhD, Charles B. Mutter, MD, David Spiegel, MD, and Herbert Spiegel, MD. In addition, John

F. Kihlstrom, PhD, and Donald Rossi, PhD, participated as Consultants to the Panel. The three major hypnosis societies in the U.S. were represented by Fred H. Frankel, MBChB, DPM (ISH), Harold J. Wain, PhD (ASCH), and Frederick J. Evans, PhD (SCEH).

The full report can be found in JAMA, 1985, 253, 1918-1923; it is an important document for several reasons. It found no evidence for enhancement of recall memory, of memory for meaningless material, and of recognition memory when hypnosis is used. At the same time, it concluded that there is often new information reported when hypnosis is used for recall of meaningful past events, but that such new information may be an admixture of fact and fantasy. It endorsed the stringent safeguards for the use of investigative hypnosis, which were first proposed in 1979, variations of which have been adopted by 12 U.S. State Supreme Courts since 1980.

For some years, proponents of the practice of police officers hypnotizing victims and witnesses of crime have argued that hypnosis has recognition as a clinical technique by most of the world's medical associations, including AMA. This particular report makes it clear that this medical recognition of a clinical technique should not be confused with a lay use of hypnosis for memory "enhancement."

Complications of hypnosis: Your help is needed. At the ISH Congress at Toronto, Dr. Frank J. MacHovec presented a paper on the complications and misuse of hypnosis which drew an audience of around 200 colleagues. Subsequently, he received 110 requests for copies of his paper. This indicates a clear growing concern about this issue. Dr. MacHovec has kindly offered to serve as a clearinghouse to maintain an ongoing file of cases, examples, and media coverage of hypnosis complications and misuse. Any ISH, SCEH, or ASCH member would be able to access the data that Dr. MacHovec obtains at no charge. As he points out, such a data base could be very helpful to professional societies and ethics committees in a variety of situations. Colleagues who would like to contribute to this project can contact Dr. Frank J. MacHovec, 542 West Main St., Danville, VA 24541, USA.

MEMBERS IN THE NEWS

Harold B. Crasilneck, PhD, presented a two-day workshop during the summer at the Scott and White Hospital, Temple, Texas. The faculty of the Department of Psychiatry, as well as colleagues from other clinical departments, attended the workshop.

Kay F. Thompson, DDS, is currently the Secretary of the Pennsylvania Dental Association; she is the first woman officer ever to have served this Association.

ISH Secretary-Treasurer, Peter B. Bloom, M.D., and Mrs. Bloom at the 10th Congress Banquet.

In Memoriam

Professor Emeritus H. Gwynne Jones, B.Sc., Dip. Psych. Professor Emeritus Jones died suddenly at his home at Swansea on March 5, 1985 at the age of 66. A Past President of the British Psychological Society, Professor Emeritus Jones graduated just prior to World War II, which he spent as a pilot in the Fleet Air Arm. Subsequently he obtained a B.Sc. in Psychology from the University of London in 1951. In 1968, he was appointed Chairman of the Department of Psychology at the University of Leeds, and served as Pro-Vice-Chancellor from 1977-79.

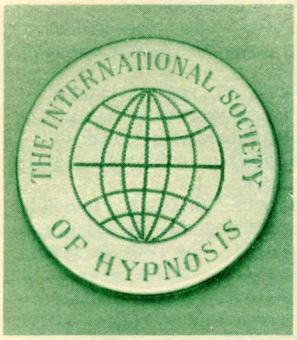
He was Founding President of the British Society of Experimental and Clinical Hypnosis; his sponsorship of the Society was highly influential in obtaining professional recognition of hypnosis in the United Kingdom. In 1984, his contribution to Psychology and Psychiatry was recognized by the award of Honorary Fellow from the Royal College of Psychiatrists; he is only the second Psychologist to have ever received this honor. An unsigned obituary in one of the British journals describes him as much admired by his colleagues who "greatly enjoyed his infectious enthusiasm, his administrative skills, and his good fellowship; they admired his versatility, his excellence as a communicator or interpreter, his catholic tastes, and his wit. Gwynne was a man without enemies. Renowned for his tolerance and even-handedness, he was always calm and considerate, and he had time for all." ISH is fortunate to have had so fine a member.

Eric Wookey, M.C., L.D.S. On March 6, 1985, Eric Wookey died suddenly at the grand age of 94. Among our British colleagues, he was referred to as "The Doyen of Hypnosis in Dentistry." His award of the Military Cross for Gallantry was obtained during World War I; after the armistice, he continued his interrupted dental studies and graduated with the degree of LDS in 1919. He was a major formative influence in the development of the British Society of Medical and Dental Hypnosis. In 1952, at the suggestion of his colleague, Harry Radin, he formed a small group to study the possible uses of hypnosis in dental treatment; this became the Society for Medical and Dental Hypnosis, and Eric Wookey was the Founding Chairman. The Society flourished and attracted the interest of medically trained colleagues; accordingly in 1955, it became the Dental and Medical Society for the Study of Hypnosis, and after another name change in 1961, the BSMDH in 1968.

At the ISH Congress at Glasgow in 1982, both Eric Wookey and Harry Radin, together with Dr. David Fisher, were presented with the first three Certificates of Accreditation ever issued by BSMDH, and were official guests at the Banquet. Eric Wookey is remembered with both respect and affection by his British colleagues. In an obituary by S. Roy Smith, he is described as possessing "an active mind, ever ready to receive new ideas when advantageous -- his approach was eclectic in the best sense and he retained a clear mind right to the end of his so worthwhile life." ISH extends its sympathies to his surviving son and daughters.

11th CONGRESS OFFICIAL ARTIST CREDITS

Ida Libby Dengrove kindly consented to serve as the Official Artist of the ISH 11th Congress. The Newsletter wishes to thank her for her permission to reproduce some of the sketches that she drew at the ISH Congress last August. Members of ISH will by now be familiar with her work, examples of which she has generously given in the past to the ISH Newsletter, the SCEH Newsletter, and the Bulletin of the 9th ISH Congress at Glasgow. Many colleagues may not know that Mrs. Dengrove is a Court Artist for the American NBC network, and has received two Emmy awards for her outstanding work. As this issue of the Newsletter shows, she is also a fine friend of ISH.



The Benjamin Franklin Gold Medal presented to Josephine Hilgard on Tuesday, August 13, 1985 at the Presidential Address at the Harbour Castle Hilton

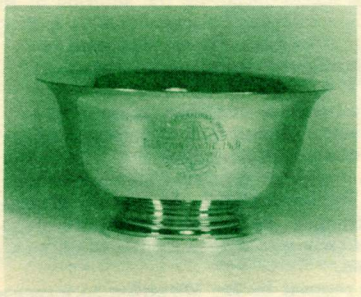
CONGRATULATIONS

Josephine R. Hilgard: At the ceremony opening the 10th ISH Congress, Josephine R. Hilgard, MD, PhD, was presented with the Benjamin Franklin Gold Medal for Excellence for her consistently high level of contribution to the field of hypnosis. The medal had on its front the inscription, "The International Society of Hypnosis" and the ISH seal, and on the reverse side, "Benjamin Franklin Gold Medal to Josephine R. Hilgard, M.D., Ph.D., Distinguished clinician and scientist whose insightful research serves as a model for the integration of clinical sensitivity and scientific rigor. Toronto, 1985."

In receiving the award, she reacted with typical modesty; the award, she said, came as a complete surprise. From the spontaneous expressions of delight that greeted the award, few, if any, other colleagues were surprised. She has made many contributions to the clinical and experimental literature of hypnosis, and is deeply admired at both professional and personal levels.

Germain F. Lavoie: At the same ceremony, Germain F. Lavoie, PhD, the outgoing ISH President, was presented with a silver chalice as an expression of ISH's gratitude for his exemplary service and dedication to the goals of ISH. The presentation is richly deserved.

Michael Barnes: In late August, the National Academy of Television Arts and Sciences presented Michael Barnes, AM, with two Emmy Awards -- one for each of his two documentaries entitled Mind of a Murderer. These were shown in Toronto, and dealt with the Hillside Strangler case in Los Angeles. The awards were in the category of Outstanding Informational, Cultural, or Historic Programs. ISH members who have seen these two films, and/or his four part documentary on hypnosis, which he wrote and produced a few years earlier, are aware of the high level of professionalism that went into the making of all six films. The Newsletter congratulates him on behalf of the many friends he has made within the Society.



The chalice presented to ISH President, Germain Lavoie (left); the Emmy award won by Michael Barnes for Mind of a Murderer (right).

INTERNATIONAL SOCIETY OF HYPNOSIS

Combined Executive Meeting of
ISH Board of Directors and Council of Representatives
Wednesday, August 14, 1985, 7:30 p.m.

Chairman: Germain F. Lavoie, Ph.D.
President, ISH

1. Attendance (Elected Officers of ISH -- 1983-1985 and 1986-1988; Elected Board of Directors (1983-1985); Council of Representatives or their Alternates; Past Presidents; Non-Voting 1985 and 1988 Congress Representatives; Non-Voting Delegates from Countries without Constituent Societies; Non-Voting Newsletter Editor; and Non-Voting ISH Central Office Representative):

   Drs. D. Akstein (Brazil-CR), A.D. Banack (Canada-CR†), P.B. Bloom (United States-BD† & CR ex officio), W. Bongartz (West Germany-CR), K. Bowers* (Canada), P.J. Browne (Ireland-CR), G. Burrows (Australia-BD & CR), D.C. Cameron (Scotland-BD & CR), T.M. Chong (Singapore-CR), D.R. Collison (Australia -BD), F.J. Evans (United States-BD), B.J. Fellows (England-CR), B. Finer (Sweden-BD & CR), P. Forghieri (Italy-as Alternate for Dr. Guantieri-CR), F.H. Frankel (United States-BD & CR), H.I.M. Ghanem** (Saudi Arabia), T.P. Hackett*** (United States), M. Heap (England-as Alternate for Dr. Gibson-CR), E.R. Hilgard (United States-BD & CR), R.J. Hine* (Canada), E. Hoencamp* (Netherlands), C.A.L. Hoogduin (Netherlands-CR), H. Jana (India-CR), U.J. Jovanovic (West Germany-CR), G.J. Ker (Scotland-CR), G.F. Lavoie (Canada-BD & CR ex officio), N.A. Loth (West Germany-as Alternate for Dr. Gheorghiu-CR), C.P. Marks* (Canada), G. Matheson (Canada-BD & CR), A. de C. Monteiro (Brazil-CR), M.T. Orne (United States-BD), B.M. Palan (India-as Alternate for Dr. Fernandez-CR), C. Perry**** (Canada), P. Roncaroli (Italy-as Alternate for Dr. Benatti-CR), O.G.R. Rosen (Norway-CR), B.C. Sachs (United States-CR), T. Saito** (Japan), D.L. Scott (England-CR), L.H. Sundeqvist (Sweden-as Alternate for Dr. Fuchs of Israel-CR), L-E. Uneståhl (Sweden-as Alternate for Dr. Fasth-CR), I.H. Vandvik (Norway-CR), R. Van Dijck (Netherlands-CR), H. Wain (United States-CR), H. Wallnöfer (Austria-CR), G.R. Wicks (Australia-CR), P-O. Wikström (Sweden-as BD & Alternate for Dr. Kleinhauz of Israel-CR), and E. Carota Orne (Representative from ISH Central Office).

†BD = Board of Directors Member; CR = Council of Representatives Member
*1985 or 1988 Congress Representative (Non-Voting)
**By invitation (Non-Voting) Delegates
(Registrants of 1985 Congress from Countries with no ISH Constituent Society)
***President-Elect as of 1986 (Non-Voting)
****Newsletter Editor

The Triennial Combined Executive Meeting was called to order at 8:30 p.m. by Chairman Germain F. Lavoie.

2. President's Welcome including minute of silence for George Watt Fairfull Smith, MBE, MC, LDS.

3. Minutes of the Combined Executive Meeting of the Board of Directors and Council of Representatives, August 25, 1982, held at the 9th International Congress of Hypnosis and Psychosomatic Medicine, Glasgow, Scotland, August 22-27, 1982, were offered to be read by Secretary-Treasurer, Dr. Peter B. Bloom. A motion was passed unanimously to approve these minutes as printed in the April 1983 ISH Newsletter.

4. Secretary-Treasurer's Report
   (a) Read by Secretary-Treasurer, Dr. Peter B. Bloom.
   (b) Report amended by noting "ISH income for 1986 [received by July 15, 1985] from ASCH-ISH Group Members as $0.00" is augmented to read - "*Dues to be forthcoming."
   (c) The report was received and accepted as amended.

5. Report of Interim Actions by the Officers, Board of Directors, and Council of Representatives

A broad ranging discussion in depth ensued on several topics of importance: The nomination and election of officers, eligibility requirements of potential candidates, and balloting procedures. It was noted that the Constitution and By-Laws did not specify with enough clarity principles to guide future elections.

The following motion was moved by Dr. Fred H. Frankel, Immediate Past-President ISH, and was passed unanimously:

"A committee named the Constitution and By-Laws Committee be established tonight (August 14, 1985) to propose revisions to the Constitution and By-Laws. This committee will make proposals to the Board and the Council according to the current Constitution. They will have adequate opportunity to amend, delete, or add to the recommendations.

The committee is charged with paying special attention to the concerns raised here tonight and with enough dispatch to allow the membership of the Society to vote on the proposed changes before the next election."

The Combined Executive Meeting recessed at 11:15 p.m., and on reconvening at 11:30 p.m., it was proposed and accepted that the remaining Agenda be revised. Accordingly, the report on Interim Actions was deferred.

6. Thomas P. Hackett, M.D., ISH President-Elect as of 1986, resigned his position.

7. Report of the 10th International Congress
Dr. George Matheson reported on a most successful Congress. While final tabulations are pending, approximately 1,000 registrants were in attendance. The 10th International Congress of the ISH was hosted by the Ontario Society of Clinical Hypnosis, and co-hosted by the American Society of Clinical Hypnosis and the Society for Clinical and Experimental Hypnosis. The Faculties of Medicine and Dentistry, University of Toronto, the Faculty of Graduate Studies, University of Waterloo, and the Departement de Psychologie, Universite de Montreal co-sponsored the Congress. A financial profit is projected and will be shared by the ISH, OSCH, ASCH, and SCEH. A final report following the conclusion of the Congress will be forthcoming. A motion of special thanks to all involved was carried with applause.

8. Report on Plans for the 11th International Congress in Leiden

Chairman of the ISH Council of Representatives, Dr. Graham Burrows (left), and incoming ISH President, Dr. David Collison (right) in discussion at the cocktail hour before the 10th Congress Banquet.

The 11th International Congress of Hypnosis and Psychosomatic Medicine will be hosted by the Nederlandse Vereniging voor Hypnotherapie and sponsored by the Medical Faculty, University of Leiden.

The meeting will be held August 13-19, 1988 in Leiden, The Netherlands. The organization Chairperson is C.A.L. Hoogduin, M.D., Ph.D., Scientific Chairperson is Richard Van Dijck, M.D., and Workshop Chairperson is Erik Hoencamp, M.D.

Dr. C.A.L. Hoogduin and Dr. Richard Van Dijck presented their plans for the next International Congress. A meeting with the 11th Congress program planners, the 10th Congress Organizers, and the ISH Officers is scheduled this week at the conclusion of the 10th Congress to aid in the process. It is anticipated that the 11th Congress will be very exciting and successful as it continues the educational and scientific excellence of previous Congresses. All present pledged full support.

9. The Combined Executive Meeting adjourned at 11:50 p.m.

10. The Meeting of the Council of Representatives was called to order at 11:51 p.m.
Chairman: Dr. Graham D. Burrows

A. A motion was passed that the Council of Representatives meet prior to the next ISH Meeting of the Board of Directors in Leiden in 1988.

B. Return to the deferred report of Interim Actions from the mail ballots of 1983-1985.

(1) The Chairman put on record that Thomas P. Hackett, M.D., withdrew his successful election as the new ISH President-Elect as of 1986.

(a) A motion was passed unanimously, strongly requesting that Thomas P. Hackett, M.D., rescind his resignation as ISH President-Elect as of 1986.

(b) A motion was passed that if Dr. Hackett does not withdraw his resignation, the Council of Representatives directs the Board of Directors to call for a new election for ISH President-Elect as of 1986.

(2) The Council of Representatives noted the election of Peter B. Bloom, M.D. as Secretary-Treasurer (1986-1988).

(3) The mail ballot was noted approving an increase as of the 1986 billing in the annual ISH membership dues for individual members from $50 US to $55 US and an increase from $25 to $29 US as of 1986 dues year for group reduced dues members from Constituent Societies (with more than 800 members) who collect dues annually on behalf of ISH.

(4) The Council of Representatives noted the mail ballot postponing the holding of an ISH Congress in Israel in 1988, due to inflationary and political considerations.

(a) A motion was passed to accept the invitation from the President of the Israel Society to hold the 12th Congress in Tel Aviv, Israel in 1991 pending the Israel organizers fulfilling budgetary and other requirements (i.e., a proposed budget with projected profit, Event Cancellation Insurance, and affirmation of university sponsorship).

(5) The Council of Representatives noted the mail ballot accepting the offer of the Nederlandse Vereniging voor Hypnotherapie to hold the ISH 11th International Congress of Hypnosis and Psychosomatic Medicine in Leiden, August 13-19, 1988, sponsored by the University of Leiden.

(6) The mail ballot was noted approving the addition of the two United States Constituent Societies (ASCH & SCEH) as co-hosts of the ISH 10th International Congress of Hypnosis and Psychosomatic Medicine, in 1985.

C. New Business

(1) A motion was passed that denied application of the Scottish Society for the Practice of Hypnosis in Speech Therapy for admission as an ISH Constituent Society.

(2) The request by Dr. Per-Olof Wikström to propose an amendment to the By-Laws of ISH, Article IV, Election of Officers, has according to Dr. Wikström been resolved by the format of the newly established Constitution and By-Laws Committee.

(3) With regard to the request by Dr. Wikström to increase the number of members from the Council of Representatives to be elected to the ISH Board of Directors which will be

10th International Congress of Hypnosis and Psychosomatic Medicine Chairman, Dr. George Matheson. Portrait by the official 10th Congress artist, Ida Libby Dengrove.

considered by the newly established Constitution and By-Laws Committee, a sense of the Council was sought and those present supported the request in principle.

(4) Discussed the request of Dr. Bernauer Newton for ISH to adopt the AMA Council of Scientific Affairs Report on the "Scientific Status of Refreshing Recollection by the Use of Hypnosis" (JAMA, April 5, 1985, 253, 1918-1923) as ISH's position statement. A motion was passed that the AMA report be circulated to the members of the Council of Representatives and that within 3 months the request be decided by mail ballot.

(5) Noted the request from Dr. Kay Thompson to enlarge the Committee on Nominations and Elections to include all the Council of Representatives and this request will be referred to the newly established Constitution and By-Laws Committee.

(6) Discussed the request of Dr. David Waxman, President of the European Society of Hypnosis, for ISH to sponsor the 4th European Congress of Hypnosis in Psychotherapy and Psychosomatic Medicine to be held at St. Catherine's College, Oxford University, July 11-17, 1987, and a motion was passed to approve ISH sponsorship subject to receipt of confirmation of university sponsorship (currently pending from St. Catherine's College).

Norman Cousins of the University of California, Los Angeles, giving the ISH Invitational Address on Friday, August 16. Portrait by the official 10th Congress artist, Ida Libby Dengrove.

(7) Acknowledged the request from Dr. Ronald Hine, President, Ontario Society of Clinical Hypnosis, for OSCH to receive annually the financial statement of ISH, and a motion was passed that such statement be sent to all Constituent Societies annually.

(8) Election Results (1986-1988)

Chairman: Graham D. Burrows, M.D., D.P.M., FRANZCP (Australia)
Vice Chairman: Frederick J. Evans, Ph.D. (United States)
Secretary: George Matheson, Ph.D. (Canada)
Board of Directors:
Graham D. Burrows, M.D., D.P.M., FRANZCP (Australia)
Duncan C. Cameron, LDS (Scotland)
Frederick J. Evans, Ph.D. (United States)
Basil Finer, M.D., FFARCS (Sweden)
George Matheson, Ph.D. (Canada)
Per-Olof Wikström, D.D.S. (Sweden)

(9) A motion was passed to provide the Council of Representatives with a financial allocation to facilitate increased communication among its members.

(10) The Chairman of the Council noted with deep appreciation the substantial efforts on behalf of ISH of the Central Office.

11. The Meeting of the Council of Representatives adjourned at 12:30 a.m.

12. The Meeting of the Board of Directors opened at 12:31 a.m.

A. A motion was passed to confirm the recommendations of the Council of Representatives.

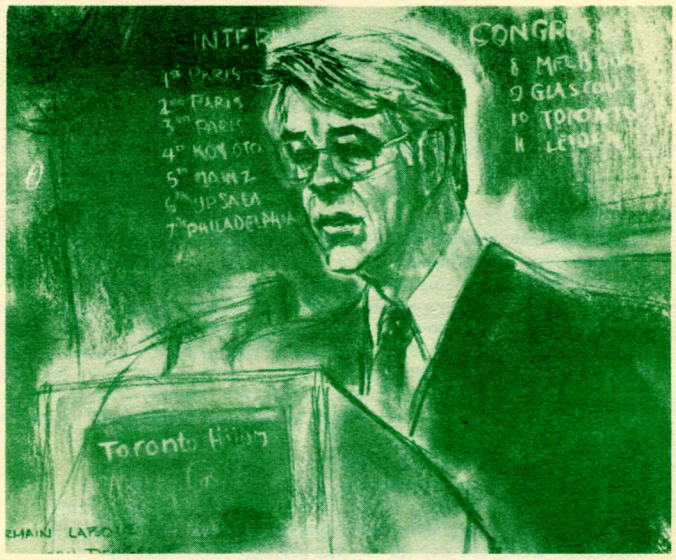
B. A motion was carried that the following serve on the Constitution and By-Laws Committee:

Chairman:
David R. Collison, M.B.B.S., FRACP (Australia)
President-Elect ISH

Members:
Alan D. Banack, M.D. (Canada)
Member, Council of Representatives for OSCH
Graham D. Burrows, M.D. (Australia)
Chairman, Council of Representatives and
Member, Council of Representatives for ASH
Ernest R. Hilgard, Ph.D. (United States)
ISH Founding President and
Member, ISH Board of Directors
Per-Olof Wikström, D.D.S. (Sweden)
Member, ISH Board of Directors

C. Due to the late hour, a motion was made to recess and reconvene the Board of Directors one day hence to review and approve the Budget for 1986, and any additional business deemed necessary by the Board.

D. Recessed 1:15 a.m. and reconvened 6:15 p.m., August 15, 1985.



ISH President, Professor Germain Lavoie during the Presidential Address at the 10th Congress. Portrait drawn by the official 10th Congress artist, Ida Libby Dengrove.

10th ISH Congress Chairman, Dr. George Matheson (right), presents the ISH International Congress Banner (donated to ISH by the 9th ISH Congress Organizing Committee from Scotland) to the 11th Congress Chairman, Dr. C.A.L. Hoogduin (left).

E. The Secretary-Treasurer submitted the budget for 1986 which was discussed in detail. A motion was passed to provide the Council of Representatives with $500 to facilitate increased communication among its members. A motion was then made and passed unanimously to accept the Budget for 1986. The submission of yearly budget for approval by the Board of Directors will be accomplished annually by mail in the interim between the Triennial Congresses.

F. The Board was advised that Thomas P. Hackett, M.D. declined to reconsider his resignation as ISH President-Elect as of 1986.

G. The Board then called for a special election to fill the newly created vacancy of ISH President-Elect as of 1986 and directed the Secretary-Treasurer to solicit nominations from the Council of Representatives of the Constituent Societies of ISH. The Board appointed itself the Nominating Committee and directed the process begin immediately according to its guidelines.

13. There being no further business, the Meeting of the Board of Directors adjourned at 7:15 p.m.

Respectfully submitted,

Peter B. Bloom

Peter B. Bloom, M.D.
Secretary-Treasurer
International Society of Hypnosis

HIGHLIGHTS FROM THE 10TH INTERNATIONAL CONGRESS OF HYPNOSIS AND PSYCHOSOMATIC MEDICINE

The 10th International Congress of Hypnosis and Psychosomatic Medicine at the Harbour Castle Hilton Hotel, Toronto, Ontario, Canada, August 10-16, 1985, was a memorable event, being the largest of its kind to come to North America. There were over 700 delegates registered, and over 200 affiliates also participated. The Congress Committee, which had been hard at work for over 6 years, welcomed everyone warmly.

All of the activities were held in the Toronto Hilton Harbour Castle Hotel, located in a beautiful spot right on Lake Ontario. Workshops began on Sunday morning and continued until Tuesday evening. Twenty-four workshops were held; the Workshop Chairs were Cyril Marks, MD, and J. Murray Weinberg, MD. Sunday evening was marked by two important Congress events -- the official reception by three levels of the provincial government (the Province of Ontario, Metropolitan Toronto, and the City of Toronto) and the Ontario Society (the local co-host Society), as well as a special symposium on Contributing to the Scientific Literature, which to everyone's delight drew an audience of over 90 people who had the opportunity to cross-examine Editors of the journals published by ISH National Constituent Societies.

A memorable Monday held the first of three lectures for affiliates (given on Monday, Tuesday, and Wednesday by Drs. Dabney Ewin, Eileen Alexander, and George Fraser, respectively). These were on "hot" topics in hypnosis and were well attended. A social program for affiliates included a memorable Chinese banquet (on Monday), a sunrise breakfast at the top of the tallest free-standing building in the world (on Tuesday), and a trip to the Stratford Shakespeare Festival (on Wednesday). Monday also was the first day of the Film Program coordinated by Dr. Jean-Roch Laurence with movies on Hypnosis and Healing, A Historical Journey into Animal Magnetism, and Trance Therapy in Clinical Conditions being shown.

Tuesday evening saw the Opening of the Scientific Program and the Presidential Address, entitled Hypnosis and the Unconscious, given by Professor Lavoie. A feature of the evening was the presentation of the Benjamin Franklin Gold Medal to Josephine R. Hilgard, M.D., Ph.D., as well as the presentation of a silver chalice to outgoing President Lavoie (see Congratulations elsewhere in this Newsletter).

Lectures on Wednesday ranged from paper sessions on urogenital dysfunction to hypnosis and pain control. An invited address by Dr. Harold Crasilneck on psychogenic impotency was featured, as were symposia on Milton Erickson, Voluntary Control of Psychophysiologic Processes in Children, and Hypnosis and Dissociation. The Wednesday evening Film Program included such films as Mind of a Murderer, Hypnosis and Healing, Hypnosis on Trial, Can Your Mind Control Pain?, Can Your Mind Control Your Body?.

A highlight of the Congress were three symposia held one on each day on the histories of Constituent Societies of ISH. England, Scotland, Australia, Singapore, Canada, and India were featured Wednesday; the history of the two U.S. Societies as well as the history of ISH and its precursor ISCEH were heard on Thursday; and West Germany, Sweden, Norway, Italy, and Israel were participants on Friday.

Thursday's highlights included symposia on Mass Hysteria, Hypnosis and Psychosomatic Medicine, Hypnosis and Memory, and Hypnosis in the Treatment of Pain Syndromes. Also on Thursday was the Congress Banquet, which was followed by an address from Norman Cousins preceding the enactment of a staged reading of a play by Cousins, Jerome Lawrence, and Robert Lee entitled, "Mesmer."

Friday was the last day of the Scientific Program, but it was a strong day featuring an invited address by Peter Sheehan on Memory Distortion in Hypnosis, as well as symposia on Successful Outcome of Hypnotherapy and Hypnosis, and Forensic Issues; during the afternoon, Norman Cousins gave the ISH Invitational Address, entitled "It All Began with Mesmer." Introduced by outgoing ISH President Lavoie, incoming ISH President David Collison concluded the Scientific Program with an address entitled, "Hypnosis Towards 2000." 10th Congress Chair Matheson then closed the Scientific Program, ending three days of exciting clinical and scientific presentations and leaving us all with much to digest.

Taken as a whole, the 10th Congress will be remembered by all who participated for the exciting scientific and social events. ISH sends congratulations to the three co-host societies (OSCH, ASCH, and SCEH) and expresses appreciation to the city of Toronto for its welcoming of the Congress. Now.....on to Leiden in 1988!